



CITY OF MOUNT VERNON, N.Y.
RECREATION DEPARTMENT

SHAWYN PATTERSON-HOWARD
Mayor

City Hall, One Roosevelt Square
Mount Vernon, NY, 10550
(914) 665-2420 – Fax: (914) 665-2421

KATHLEEN WALKER- PINCKNEY
Commissioner

July 31, 2024

Honorable Members of the City Council
Through the office of the mayor
City Hall
Mount Vernon, NY 10550

Re: MVP Fitness Court Challenge

Dear Honorable Members:

This letter requests that the city enact legislation enabling the Mount Vernon Recreation Department to Co-sponsor with MVP Healthcare in their "MVP Fitness Court Challenge on Thursday, September 19, 2024, from 1 pm to 4 pm; the rain date for this event will be September 26, 2024, at the same time mentioned above.

In partnership with the National Fitness Campaign and the City of Mount Vernon, MVP Healthcare has been instrumental in establishing the state-of-the-art Fitness Court in Hartley Park. This collaboration aims to promote the numerous health benefits of regular physical activity, offering a modern outdoor gym accessible to all residents. With a solid commitment to community health, MVP Healthcare has been at the forefront of this initiative, ensuring that the Fitness Court is a hub for fitness and wellness in the region. The event to celebrate this launch will highlight the advantages of the Fitness Court, attracting individuals of all ages to engage in healthy competition and learn valuable fitness tips from experts.

The event will also feature local health food vendors, emphasizing the importance of nutritious eating alongside physical exercise. MVP Healthcare's efforts to install several Fitness Courts across New York State demonstrate their dedication to improving public health and fostering community well-being. By showcasing the Fitness Court in Hartley Park, they are providing a valuable resource for physical activity and creating a vibrant space for the community to come together and embrace a healthier lifestyle. This event promises a dynamic celebration of health, fitness, and community spirit.

This event will not cost the city anything. We are requesting four parking spaces be blocked off from the corner of Gramatan Avenue to Oakley Avenue. In addition, we would like MVPD to patrol the area, and MVFD and EMS are available at the expense of MVP Healthcare.

Thank you for considering this request.

Sincerely,

Kathleen Walker-Pinckney
Commissioner of Recreation

CC: Madame Mayor Shawyn Patterson-Howard
Comptroller
DPW
MVPD
MVFD

"The Jewel of Westchester"

