



CITY OF MOUNT VERNON, N.Y.
MOUNT VERNON YOUTH BUREAU

SHAWYN PATTERSON-HOWARD
Mayor

City Hall, One Roosevelt Square
Mount Vernon, NY 10550
(914) 665-2344 – Fax: (914) 665-1373
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DEBBIE BURRELL-BUTLER, MBA
Executive Director

DENA T. WILLIAMS, MPA
Deputy Director

June 3, 2026

Honorable Members of the City Council
Through the Office of the Mayor
City Hall – One Roosevelt Square
Mount Vernon, NY 10550

This letter comes to respectfully request that the City Council enact legislation that will enable the Mayor permission to enter into an agreement with “IamWilliamG Enterprise, LLC” to conduct a fitness and nutrition program, 25 youth through the Youth Bureau in the amount of **\$5,000**. The 13-sessions is slated to begin in the (summer) July 8, 2026, and concludes on August 13, 2026.

In an ordinance dated January 14, 2025, #10, the Mount Vernon Youth was approved to accept funds in the amount of **\$25,000-M.I.M** from the Westchester County Youth Bureau to support and promote the physical, emotional, and social well-being of the City’s youth. Students will participate in a structured fitness and wellness program designed to improve physical health, confidence and overall well-being. The course includes guided exercises that focus on strength, flexibility, and proper technique, along with lessons on proper nutrition and how food choices impact mood, behavior and long-term health. Each session builds on the previous one, helping students develop discipline, body awareness, and healthy habits that support both physical and mental growth. Youth will be thought the fundamentals of exercise, nutrition and self-discipline, the knowledge of self-belief, self-confidence & self-motivation through fitness and exercise. This program will also be joyous with team building activities, teamwork and supporting one another.

Funds are to be accounted for in revenue code A2229.8 and with appropriations in budget codes: A7338.405 (Contracted Outside Services). This is a reimbursable grant that does not require any matching.

Should you require further information, please feel free to contact me at (914) 665-2347 or by email at Dburrell@cmvny.com.

Sincerely,

Debbie Burrell-Butler

Debbie Burrell-Butler
Executive Director, MBA

Enclosed: Award Letter



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CC: Shawyn Patterson-Howard, Mayor
Darren Morton, Comptroller
Brian Johnson, Corporation Counsel