



**CITY OF MOUNT VERNON**  
**POLICE DEPARTMENT**  
***SUPPORT SERVICES DIVISION***  
(914) 665-2500 FAX (914) 665-2559



*Captain Michael Goldman*  
*Commanding Officer*

*Executive Officer*

Date: August 14, 2024

To: Office of the Police Commissioner

From: Sgt De Benedictis, Support Services Division

**Subject: MVP Fitness Court Challenge**

At your direction, the undersigned has reviewed the attached special event request submitted by the Recreation Department. This event is called "MVP Fitness Court Challenge", which is scheduled for Thursday September 26, 2024, from 1300 hours until 1600 hours with a rain date of September 26, 2024. This event is a co-sponsored event with the city to promote health and fitness in the city and the use of the new outdoor gym. The event will also include various health and food vendors.

I recommend that the handicap parking be left open to the disabled and that the Four parking spaces following the handicap space be granted. I also recommend that the sector car and the supervisor give special attention to the event

Sgt De Benedictis #3  
Support Services Division

**CC: Patrol Division**  
**Parking Bureau**

  
8/15/24



CITY OF MOUNT VERNON, N.Y.  
RECREATION DEPARTMENT

SHAWYN PATTERSON-HOWARD  
Mayor

City Hall, One Roosevelt Square  
Mount Vernon, NY, 10550  
(914) 665-2420 – Fax: (914) 665-2421

KATHLEEN WALKER-PINCKNEY  
Commissioner

July 31, 2024

Honorable Members of the City Council  
Through the office of the mayor  
City Hall  
Mount Vernon, NY 10550

**Re: MVP Fitness Court Challenge**

Dear Honorable Members:

This letter requests that the city enact legislation enabling the Mount Vernon Recreation Department to Co-sponsor with MVP Healthcare in their "MVP Fitness Court Challenge on Thursday, September 19, 2024, from 1 pm to 4 pm; the rain date for this event will be September 26, 2024, at the same time mentioned above.

In partnership with the National Fitness Campaign and the City of Mount Vernon, MVP Healthcare has been instrumental in establishing the state-of-the-art Fitness Court in Hartley Park. This collaboration aims to promote the numerous health benefits of regular physical activity, offering a modern outdoor gym accessible to all residents. With a solid commitment to community health, MVP Healthcare has been at the forefront of this initiative, ensuring that the Fitness Court is a hub for fitness and wellness in the region. The event to celebrate this launch will highlight the advantages of the Fitness Court, attracting individuals of all ages to engage in healthy competition and learn valuable fitness tips from experts.

The event will also feature local health food vendors, emphasizing the importance of nutritious eating alongside physical exercise. MVP Healthcare's efforts to install several Fitness Courts across New York State demonstrate their dedication to improving public health and fostering community well-being. By showcasing the Fitness Court in Hartley Park, they are providing a valuable resource for physical activity and creating a vibrant space for the community to come together and embrace a healthier lifestyle. This event promises a dynamic celebration of health, fitness, and community spirit.

This event will not cost the city anything. We are requesting four parking spaces be blocked off from the corner of Gramatan Avenue to Oakley Avenue. In addition, we would like MVPD to patrol the area, and MVFD and EMS are available.

Thank you for considering this request.

Sincerely,

Kathleen Walker-Pinckney  
Commissioner of Recreation

CC: Madame Mayor Shawyn Patterson-Howard  
Comptroller  
DPW  
MVPD  
MVFD

"The Jewel of Westchester"

