



CITY OF MOUNT VERNON, N.Y.

Mayor Office

SHAWYN PATTERSON-HOWARD, MPA

Mayor

City Hall, One Roosevelt Square

Mount Vernon, NY. 10550

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MALCOLM CLARK

Chief of Staff

KHENDRA DAVID

Deputy Chief of Staff

March 31, 2025

Honorable Members of the City Council
City of Mount Vernon
One Roosevelt Square
Mount Vernon, New York 10550

**[The Office of the Mayor on behalf of the The Social Butterfly Organization
Total Wellness Sensory Room in City Hall]**

Dear Honorable Council Members,

This letter comes as a request to the City Council for the enactment of legislation authorizing Priscilla Echi the CEO and Founder of “The Social Butterfly Organization” to install a *Total Wellness Sensory Room* in City Hall’s 1st floor employee women’s bathroom. These rooms are designed to provide faculty with a space to decompress and reboot, fostering a holistic approach to well-being.

There is no cost to the city, all items will be donated, and includes the following:

- Furniture
- Shelving
- Sensory Items
- Wellness Wall Decal and Art
- Palm Tree Plants

Additional items may be donated based on the size and space of the room. The Social Butterfly Organization is thrilled to have two design assistants on board to assist in designing this rooms. They’ve already successfully opened Total Wellness Rooms in 2 of 15 schools thus far. The Social Butterfly, recognizes the interconnectedness of mental, emotional, and physical health. Our programs are dedicated to promoting total well-being, with a strong focus on mental wellness. Over the years, The Social Butterfly has successfully implemented various initiatives that strengthen our community to pave the way for sustainable growth and development. Their efforts are informed by a deep understanding of the systemic barriers faced by marginalized communities, striving to offer practical, impactful solutions.

“The Jewel of Westchester”



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The current program, Total Wellness, is supported by a grant from The Department of Criminal Justice Services for our Mind, Body, Soul program. Their goal is to add to that and continue shaping and uplifting communities for years to come. I believe that the installation of these Total Wellness Sensory Rooms will be a significant step towards that vision being achieved.

Priscilla Echi CEO and Founder of the Social Butterfly Organization is available for any additional questions or concerns about The Social Butterfly Organization and the installation of the *Total Wellness Sensory Room*. (Email: PriscillaEchi@gmail.com, Cell: 914-290-913)

In Service,

Shawyn Patterson-Howard, MPA
Mayor