



**CITY OF MOUNT VERNON, NEW YORK**  
DEPARTMENT of RECREATION

**Shawyn Patterson-Howard**  
*Mayor*

City Hall  
One Roosevelt Square – Room 11  
Mount Vernon, NY, 10550  
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**Kathleen Walker-Pinckney**  
*Commissioner*

**André G. Early**  
*Deputy Commissioner*

April 22, 2025

Honorable Members of the City Council  
Through the Office of the Mayor  
City Hall  
One Roosevelt Square  
Mount Vernon, New York 10550

Re: "Living My Best Life" Community Health Fair Event – October 4, 2025

Dear Honorable Council Members:

The Department of Recreation respectfully requests that the City Council adopt an Ordinance allowing us to co-sponsor the "Living My Best Life" health fair in partnership with T. Fraser Productions. This empowering community celebration is scheduled for **Saturday, October 4, 2025, from 8:00 a.m. to 5:00 p.m. at Hartley Park. The rain date is scheduled for Sunday, October 5, 2025.**

"Living My Best Life" is a day-long wellness and empowerment festival that promotes self-care, mental health, physical fitness, and community connection. The event will feature workshops, fitness demonstrations, live performances, vendors, food trucks, and panel discussions that uplift and inspire residents of all ages.

The Department of Recreation will support this event by assisting with acquiring Hartley Park's use and developing the "Children's Village (Kid Zone)" with bouncy houses and games.

We respectfully request that the Mount Vernon Police Department have a patrol car in the vicinity and an Auxiliary Police presence in the park as applicable. We also ask that the Department of Public Works assist with event clean-up and place barricades at appropriate park entry points, per the discretion of the Recreation event leadership.

Thank you for your continued support of community wellness and engagement. We look forward to your favorable consideration.

Respectfully,

Kathleen Walker-Pinckney  
Commissioner of Recreation