



**CITY OF MOUNT VERNON, N.Y.  
MOUNT VERNON YOUTH BUREAU**

**SHAWYN PATTERSON-HOWARD**  
*Mayor*

City Hall, One Roosevelt Square  
Mount Vernon, NY 10550  
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**DEBBIE BURRELL-BUTLER, MBA**  
*Executive Director*

**DENA T. WILLIAMS, MPA**  
*Deputy Director*

December 29, 2025

Honorable Members of the City Council  
**Through the Office of the Mayor**  
City Hall – One Roosevelt Square  
Mount Vernon, NY 10550

Dear Honorable Members:

This letter respectfully requests that the City Council enact legislation enabling the Mayor to enter into an agreement with the Westchester County Youth Bureau, allowing the Mount Vernon Youth Bureau to accept funds of **\$25,000** for the **Moving in Motion (M.I.M)** Program, which is a one year reimbursable grant commencing October 1, 2025, through September 30, 2026.

The purpose of the M.I.M sport education program is to foster a positive relationship with one's body by shifting the focus from aesthetics to function and capability. By providing a structured and supportive environment, sports education programs offer a safe place for youth to manage stress, reduce anxiety, and build resilience through physical activities and goal setting. Although the Moving in Motion (M.I.M) educational program is not considered competitive in nature, the program ultimately teaches crucial emotional regulation skills as participants will learn how to handle both victory and defeat gracefully, control impulses in high-stakes moments, and situations. Ultimately, the M.I.M program will cultivate a holistic foundation for mental well-being by promoting physical health, strengthening social bonds, and enhancing emotional intelligence.

Funds are to be accounted for in revenue code A2229.8 and with appropriations in budget codes: A7338.101 (Salaries), A7338.104 (Part-time), A7338.203 (Equipment), (Travel Expense), A7338.405 (Contracted Outside Services), A7338.458 (Misc.), and A7338. 467 (Program Supplies). This is a reimbursable grant that does not require any matching.

Please note, the award letter dates December 9, 2025. The Executive Director was on FMLA, and the holiday season was upon us, which resulted in the referral letter being submitting at this time. Should you require further information, please feel free to contact me at (914) 665-2347 or by email at [Dburrell@mountvernonny.gov](mailto:Dburrell@mountvernonny.gov).

Sincerely,

*Debbie Burrell-Butler*

Debbie Burrell-Butler  
Executive Director, MBA



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**Enclosed: Award Letter**

**CC:** Shawyn Patterson-Howard, Mayor  
Darren Morton, Comptroller  
Brian Johnson, Corporation Counsel